



# SOCIAL SERVICE CENTRE

## Annual Report

April 2020 - March 2021



**Campaign Theme: "Humanitarian Response"**

## PROFILE OF THE ORGANISATION

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The Social Service Centre is the Social wing of the Catholic Archdiocese of Shillong, Meghalaya. Its office is located at the Archbishop's House, Laitumkrah, Shillong. It is a registered Non-Governmental, Non-Profit and Non-Political Organisation, registered under the Meghalaya Societies Registration Act XII of 1983, bearing the Registration Number SR/SSC-8/88 of 1988. It is working towards the integral development of all sections of the society irrespective of caste, ethnic groups and religion with special focus on the poor, the marginalized, the tribal community and other vulnerable communities, in the spirit of love and service. Formally, its area of operation included West Khasi Hills and Jaintia Hills. With the bifurcation of the Archdiocese of Shillong into the Dioceses of Jowai and Nongstoin, its present area of operation is in the East Khasi Hills and Ri-Bhoi Districts of Meghalaya. It has completed 30 years of service and facilitated the all round growth and development of people through initiating, planning, formulating, implementing, monitoring and evaluating various projects and programs for the upliftment of the poor, the needy and the marginalized.

### Vision

We visualize a holistically developed tribal society, which is directing its own destiny and living in harmony with all people and the natural environment.

### Mission

To bring about qualitative change among vulnerable groups especially the tribal society (at family, village and society level) through animations, formation of people's organization and advocacy.

### Objectives

- ☛ To devise, execute and promote schemes and projects which foster and promote education, especially among the poor and the downtrodden.
- ☛ To serve the cause of socio-economic growth of the people, especially the tribal population of Meghalaya.
- ☛ To provide facilities and amenities aimed at eradicating diseases and improving the health of the people.
- ☛ To help people in time of natural calamities and misfortunes.
- ☛ To educate people and make them conscious about self-reliance, social justice and co-operation so that they may be prepared and equipped to secure a better future without infringing upon human rights and human dignity.
- ☛ To undertake programs aimed at providing leadership training, especially for the youth and village leaders.
- ☛ To coordinate the charitable works of various catholic social and charitable organizations working the Archdiocese of Shillong without infringing upon their autonomy.
- ☛ To collaborate and co-operate with governmental agencies, financial institutions, voluntary agencies, national or international, with similar aims and objectives.



# **SOCIAL SERVICE CENTRE**



## *Annual Report*

### **April 2020 - March 2021**

**ARCHBISHOP'S HOUSE  
LAITUMKHRAH, SHILLONG - 793003**



## ARCHDIOCESE OF SHILLONG

*"With God all things are possible"*

Most Rev.  
**Victor Lyngdoh, DD.**

ARCHBISHOP'S HOUSE

Shillong - 793 003

Meghalaya, India

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## President's Message

I am very happy to write a short message for the annual report of the Social Service Centre, which is the Social wing of the Catholic Archdiocese of Shillong. The year 2020 has been a difficult year for everyone. The pandemic crisis has put everyone in great difficulties, especially the poor and the daily wage earners.

The Social Service Centre has been appointed as the nodal agency to carry out the relief work in East Khasi Hills and Ri Bhoi Districts. In these difficult times coupled by various restrictions and health protocols, the organization has been reaching out to various sections of the society who are in great need with food distribution. Charity has always been the fore front objective of SSC. We hope that the relief activities carried out by the organization has reached the most deserving beneficiaries.

I take this opportunity to thank everyone who has contributed towards the relief activities of the Social Service Centre. I also thank Fr. Bernard Laloo, the Director, and the staff members for their hard work and effort. God Bless.



**+ Victor Lyngdoh**

*Archbishop of Shillong and  
President of the Social Service Centre*





# Social Service Centre

Social Wing of the Archdiocese of Shillong  
ARCHBISHOP'S HOUSE, LAITUMKHAH, SHILLONG - 793 003

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(Registered Under the Meghalaya Societies Registration Act XII of 1983)

## Director's Message

The first wave of the pandemic corona virus has been affecting worldwide, including our country and our state. The virus that causes COVID-19 is mainly transmitted through droplets generated when an infected person coughs, sneezes, or exhales. You can be infected by breathing in the virus if you are within close proximity of someone who has COVID-19, or by touching a contaminated surface and then your eyes, nose or mouth. As the virus continues to spread with an increasing speed, many people were affected by the same, some were isolated in quarantine centre, others were hospitalised and some others lost their lives.



In order to curtail the spread of the virus, our country and our state imposed lockdown and curfew. This had affected lots of people to name some, the farmers who needed market for their products, the daily wage earners especially those who earned their livelihood from the main market in the city, the returnees and those who lost their job. In the midst of all these, the government is trying its best to help people in various ways and also providing food stuff by way of free rations. Yet there are families who do not have ration card or whose members are more, still require the support of likeminded NGOs and individual donors. The Social Service Centre in collaboration with the village headmen and village council had extended its support to such vulnerable families. Thanks to the generosity of many donors who supported our relief activities.

On the other side, the pandemic has affected the implementation of our various projects. Most of the activities came to stand still. However, with the support of local volunteers and through coordination over the phone, few activities could be carried out. I take this opportunity to thank all the donating agencies. I also take this opportunity to thank the staff members for their dedicated service even at this time of crisis. Our gratitude also goes to the village headmen and village council and all those who collaborated with us towards achieving the goals and objective of our projects and programmes. May God bless you.

Fr. Bernard Laloo  
*Director*



# FACILITATING AGRICULTURAL REGENERATING MEASURES (FARM) NORTH EAST - PHASE-III

## Introduction:

FARM NE – III is a three year project, which began in November 2019, funded by Misereor Germany. This project is being implemented in 9 villages of East Khasi Hills District and 5 villages of Ri Bhoi District, Meghalaya. The project is facilitated by one Programme Coordinator, three Field Animators and one Accountant.

## Goal:

Empowering communities of 14 villages of East Khasi Hills District of Meghalaya towards leading healthier life through obtaining their food sovereignty.

## Outcome:

- ☛ Targeted 887 farming families of East Khasi Hills and Ri Bhoi Districts of Meghalaya will have sufficient food production and nutritional intake as per their cultural food habits
- ☛ 887 farming families will have adopted and promoted indigenous seeds for cultivation and consumption.
- ☛ Marginalized farmers from 14 villages will have control over the local market for the sale of excess organic products.

## Implementation strategy

This project is developed from the past six years of experiences of PLD based implementation strategy, therefore the project will be steered under the guiding principles of People Led Development Approach. The village level activity and result monitoring will be done by partner staffs with the community leaders. However, village wise specific activities will be planned, implemented and monitored by the community themselves. This will be done through community reflection and action. The change facilitators along with community mobilizers will facilitate the community in this reflection process.

## Highlight of Activities

### 1. Awareness

- ☛ Village level sensitization and interactions for community collective action





- Concept sharing and community mobilization programs at village level
- Knowledge and awareness building of community on food sovereignty.

## 2. Sufficient food production and nutrition intake

- Consultation and activity planning meeting with community on their problems and challenges
- Promotion of nutritious backyard garden at family and School level = 34 kitchen garden and 4 school garden
- Demonstration and promotion of seasonal and multi-cropping by means of trellises
- Identification and conservation of non-cultivated food habits = 29 wild edibles identified
- Promotion of good traditional farming practices through replication and exchange program





### 3. Promotion of indigenous seeds

- Seed mapping and documentation of preservation process of indigenous seeds



- Knowledge sharing and exchange among the targeted communities on preservation of indigenous seeds = 50 varieties documented
- Seed exchange and multiplication program



### 4. Control over the local market

- Promotion and strengthening of local markets through certification of organic products.
- Organising organic vegetable mela and festival for promotion of local market
- Allotment of Resource to support community activities for promotion of organic product and for market control
- Organizing Monthly Farmers Market
- Organizing Rice Expo-cum sale = 7 varieties of rice displayed





## 5. Events

- Celebrations of World Environment Day = 1120 trees sapling planted



- Celebrations of Laudato Si Week, May 16<sup>th</sup>-24<sup>th</sup>
- Celebrations of International Women's Day
- Celebrations of Caritas India Foundation Day.



## 6. Achievements

- **Documentation of non -cultivated food, fruits and vegetables:** 54 varieties of non-cultivated food, vegetables and fruits have been documented along with the nutritional content.
- **An alternative means of livelihood for self -reliance:** A group of women in Wahramkhar took up a mushroom cultivation as an



alternative means of livelihood and earned a handsome income.



alternative means of livelihood and earned a handsome income.

- **A Village headman became the inspiration for chemical free farming:** The headman at Shiliang Ktiah village became an inspiration for others to promote chemical free farming.
- **Conserving and distribution of indigenous seeds by seed mothers:** One of the outcome from Seed exchange among farmers was the initiative taken by seed mothers on conservation of indigenous seeds and distributed them among farmers in their group.



# ENHANCING COMMUNITY ACTION FOR WATER, SANITATION AND NUTRITION IN NORTH EAST INDIA (HEALTH PHASE –IV)

## Introduction

**Community Action for Water, Sanitation and Nutrition in North East India** is a three-year project funded by Misereor and Kinder Mission. It is being implemented in 40 villages of East Khasi Hills and Ri-Bhoi Districts, Meghalaya, India. The project is being implemented through the Health Facilitation Centres. There are 40 Village Health Workers and 5 health centres with 5 trained nurses supervising the work.

## Project Goal:

The project envisages improving nutritional and health status of pregnant women, lactating mothers and children under five years and to reduce the occurrence of diseases through enhanced hygiene and sanitation into 254 villages of North East India.

## Objective:

1. By the end of the project period, maternal and child health in the target villages have improved through quality health services.
2. The access of the target groups to quality primary health care services has improved (based on each partners specific health issues and target groups) by the end of the project period.

## PROJECT AREA:

- ☛ 16 villages in East Khasi Hills and 24 villages in Ri Bhoi Districts.

## Health Facilitation Centre

- ☛ Sacred Heart, Marmain
- ☛ Mamma Dell Amore Centre, Umden
- ☛ Mesericordia Acupressure Centre, Tyrso
- ☛ St. Joseph's Health Centre, Mawkynrew
- ☛ St. Vincent De Paul Health Centre, Lyngkhoi





## Highlight of Activities

- Daily home visits and monthly reporting by VHWs/ASHAs
- Demonstration of videos and practical on safe drinking water, hand washing, sanitation and hygiene = 1130 beneficiaries
- Practical demonstration training on Nutritious food preparation, weaning and complementary food and important of exclusive breast feeding, for mother and children = beneficiaries : 997 mothers and 203 adolescent girls
- Village health camp on nutrition for children, pregnant women, lactating mothers = 554 beneficiaries
- Campaign on nutrition, sanitation and water at village = 1516 beneficiaries
- Motivational training for VHSNC leaders
- Advocacy & Network meeting with Government officials, PHC, anganwadi workers and like-minded organisations
- Quarterly Review meeting at Diocese level to review progress of the project







- ☛ Monthly review meeting at the Health Facilitation centres
- ☛ Training for Women Leaders on Kitchen Garden = 30 beneficiaries
- ☛ Celebrations of International Women’s Day with 107 participants

### Success Story:

- ☛ Two home deliveries because of the pandemic situation were saved with the intervention of our ASHA.
- ☛ 30 families received government scheme for construction of proper toilet at Tyrso with the motivation of our ASHA and the support of the village headman.
- ☛ Three villages, Langphadur, Tyrso Nongkyllep, and Umtong took the initiative of weekly village cleaning with the motivation of SSC Staff.
- ☛ With the help of ASHA, a woman who refused to get treatment from the hospital finally was convinced to go for medical check up and her help was improved.



# NO ONE SHALL BE LEFT BEHIND INITIATIVE BIODIVERSITY FOR FOOD, NUTRITION AND ENERGY SECURITY

## Introduction

The project “No One Shall Be Left Behind Initiative: Biodiversity for Food, Nutrition and Energy Security for 3000 households in Meghalaya and Nagaland, Northeast India” is a three years’ project, which began in August 2018. It is supported by Rural Electrification Foundation, New Delhi and implemented in collaboration with Northeast Slow Food and Agro biodiversity Society (NESFAS). The project is implemented in 25 villages of East Khasi Hills and Ri Bhoi Districts. At the heart of this Project is a concern for the food, nutrition and energy security of indigenous peoples of North East India.

## Goal:

To promote indigenous food systems (IFS) that will significantly contribute to improved nutrition, food security and sustainable livelihoods.

## Objective:

- Increased Production of Micro-nutrient rich and climate resilient species.
- Increased consumption of Micro-nutrient rich and climate resilient species.
- Increased of livelihood and the average income of community members.
- Pilot initiatives in renewal energy for community well being.

**Special Focus:** Adolescent girls, young mothers, women’s groups, youth, community elders and custodian farmers.

## Highlight of Activities:

### 1. Increased Productivity and Production of nutrient rich and climate resilient species:

- Cooking Demonstration with cooks and owner of Indigenous food stall and Meiramew Café from two villages in Ri Bhoi District, Pahambir and Khulia.
- Cooking Demonstration of IFS recipe and Midday Meals Campaign.







- Workshops on soils, seeds, composting in 11 villages.
- Promotion of 2 Community Seed Bank.
- Promotion of Agroecology School and Bamboo School.
- Exchange visit of Communities for sharing of learning and experience.



## 2. Increased Consumption of Nutrient Rich and Climate Resilient Species:

- Training Workshop to staff, Women SHGs and Youth Group Leaders on local food consumption and its positive impact on agro-ecology, climate resilience, nutrition.
- Youth for IFS Campaign by way of conferences and workshops.
- More Tasty Nutritious Midday Meals Campaigns with students, women and youth groups = 15 school garden and 8 kitchen garden in anganwadi centres were set up
- Support Biodiversity walks to encourage Biodiversity for Youths.
- Celebrations of World Food Day.
- Conducted Social Audit meetings to review implemented activities.





### 3. Increased Income and Livelihood:

- Strategic training for women SHGs and youth group members were organised at three clusters for improved livelihoods.
- Training program on Small Scale Value addition and processing units in 5 villages.
- Organise Mei Ramew Festivals, farmer's markets for income and nutrition purposes.
- Fellowship Programme for selected youth with the aim to defend the indigenous food system.

### 4. Innovation:

- Renovation of two Community Halls to ensure that it is used as a centre of learning and not as a store room.

### Achievements:

- The anganwadi worker along with the youth club of Mawiong villages started a kitchen garden at the anganwadi centre, Mawiong during the lockdown. The vegetables planted were distributed to 40 beneficiaries which include children and lactating mothers.
- An Agro biodiversity walk (ABD walk) was conducted with the youth club to the village forest, during the walk one of the youths identified 45 varieties of wild edibles and medicinal plant.



# ADHERENCE SCHEME OF REVISED NATIONAL TUBERCULOSIS CONTROL PROGRAMME EAST KHASI HILLS AND RI BHOI DISTRICTS

The Social Service Centre, (Archdiocese of Shillong) in collaboration with the District Tuberculosis Centre, under the Revised National Tuberculosis Control Programme (RNTCP), is implementing Treatment Adherence Scheme and TB advocacy, Communication and Social Mobilization Scheme in East Khasi Hills and Ri Bhoi Districts. The program consists of creating awareness on the diseases, home visits and patients' visits. The purpose of the visit is to encourage the sick people to adhere to medical care.

## Objective of the program:

To ensure that treatment is readily available, and very much acceptable to the sick.

## Activities:

### Awareness Programme Conducted:

- **Aim:** The aim of the awareness program was to provide basic facts on TB - types of TB, causes, prevention and treatment.
- **East Khasi Hills:** Due to Covid pandemic only 12 villages were covered by awareness programme with 241 participants.
- **Ri Bhoi District:** Only 11 villages were covered by awareness programme with 277 participants.
- **Home visit and monitoring of patients:** The aim is to counsel patients and the family members on coping mechanism in dealing with the disease and the importance of adhering to medical treatment methods. There were 77 patients visited and counseled.
- **Interaction with Patients:** The group sessions and interactions with patients is to help them experienced support and encouragement and to listen to their problems and difficulties and how we can address the same.





- Celebrations of World TB day:** In Ri Bhoi District, the celebrations was held at Umden along with Medical Officer, ASHAs and village headmen and in East Khasi Hills, the celebration was along with 17 tuberculosis patients. At the end of the programme all the patients were provided with grocery kits.



## Highlights of Achievements:

- COVID Relief work:** The outbreak of the pandemic and the subsequent lockdown had caused many of the families whose member is a TB Patient, to face the problem of food scarcity. The Social Service Centre supported them with basic food items, such as rice, dal, oil, sugar, salt and face mask. Besides grocery items, monthly supplements were also given to patients.
- Free distribution of food items to TB Patients:** As part of our charitable activities carried out from time to time, especially to the vulnerable sections of the society, this year the Social Service Centre, provided nutritional supplements to TB patients at Umsning CHC, Civil Hospital Nongpoh and Byrnihat in the presence of Doctors, DOTS providers and patients in the respective centres. There were 47 beneficiaries.
- Nutritional support to Vulnerable Tuberculosis patients:** The Social Service Centre as one of the implementing agencies of RNTCP is providing free nutritional support of vulnerable MDR tuberculosis patients. The total numbers of beneficiaries were 53, out of these 21 patients were cured and 20 patients have increased weight.





# VILLAGE LEVEL AWARENESS PROGRAMME IN COLLABORATION WITH MEGHALAYA AIDS CONTROL SOCIETY (MACS)

The Social Service Centre (SSC) with the support of Meghalaya AIDS Control Society (MACS), Shillong organized Village Level Awareness Camp with the aim to sensitize the community people on HIV, AIDS, Myths and Misconception and to educate them on the preventive measures of the disease. Awareness has been created on the basic facts about HIV and AIDS, causes, how HIV and AIDS spread and prevention of HIV. The programme was sponsored by MACS.

Sl. No	Date	Villages	No. of Participants	Venue
1	07.03.2021	Nongpoh	85	Community hall
2	29.03.2021	Sohryngkham	45	Community hall
3	30.03.2021	Umsning	35	Community hall





# “WORKSHOP FOR RURAL YOUTH ON LIVELIHOOD ACTIVITIES”

Sponsored by

Government of Meghalaya under Chief Minister’s Youth Development Scheme (CMYDS) 2018-19

Through the Office of the Deputy Commissioner, East Khasi Hills District

## Introduction

The pandemic corona virus has affected everyone. In the midst the crisis, most of the youth who are working in different states and even in our own city Shillong returned back home. The youth in the villages returned back to agriculture. As a response to the present situation, the Social Service Centre, with the financial assistance of the Chief Minister’s Youth Development Scheme (CMYDS) 2018-19, organized a “Workshop for Rural Youth on Livelihood Activities.” The programme was held on the 18<sup>th</sup> December 2020, at Lyngkhroi village. This workshop brought about 50 youths participants from 8 villages, namely, Lyngkhroi, Jaud, Wahramkhar, Lyngngai, Shiliangktieh, Mynsian, Madanlyngkhroi, and Laitlyngkhroi, adhering to strict health protocols. The workshop consists of theoretical explanation and practical demonstration on the following:

1. Mushroom Cultivation
2. Pickle Making
3. Fruits juice processing



# “LIVELIHOOD AND ENTERPRISE DEVELOPMENT PROGRAMME (LEDP)”

**Funded by: National Bank for Agriculture and Rural Development (NABARD)**

## Background

The Social Service Centre Shillong in collaboration with the NABARD is implementing the Livelihood and Enterprise Development Programme (LEDP) for 15 Self Help Groups (SHGs) in five villages, namely Mawlyngad, Sohryngkham, Pomlahier, Thangshalai and Puriang of Mawryngkneng Block, East Khasi Hills District.

## Objective

1. Identification of suitable livelihood activities through participatory approach.
2. Enhancing the capacity of the SHG members through appropriate skill upgrading, demonstrations and development of livelihood activities in the locality.
3. Enhancing the income level of SHG members by improving/ acquiring of skills to take up livelihood activities with credit support of banks.
4. Developing a shared vision of change, enhance capacity/knowledge of SHG members for managing enterprise, business development and marketing.
5. Providing mentoring services and handholding support for ensuring that trained SHG members establish the livelihood activities and initiatives successfully.
6. Facilitating collaboration with Resource Agencies for provision of common infrastructure/incidental services including establishing business tie-up arrangement or assured buy back of finished products.

## Implementation Strategy

1. Mapping, Identification and Selection of Beneficiary
2. Launching of the Project
3. Skill Up gradation and Training: Theory and Demonstration
4. Exposure Visit







5. Development of Demonstration Unit
6. Refresher training for SHGs
7. Monitoring & Handholding Credit Linkages and Linkage with Resource Agencies



## IMPROVEMENT OF LIVELIHOOD, EDUCATION AND NUTRITION FOR CHILDREN AND POOR FAMILIES (CLEN) IN EAST KHASI HILLS AND RI BHOI DISTRICT

### Introduction:

CLEN is a three year project, which began in January 2020, funded by Kindermissionswerk, Germany. This project is being implemented in 24 villages with six centres of East Khasi Hills and Ri Bhoi Districts of Meghalaya. The project is facilitated by one Programme Coordinator, field volunteers and one Accountant. The project mainly focuses on campaign for nutrition of children, free tuition for poor and vulnerable children and livelihood training for school dropouts.

## Goals:

- ☛ 200 children mobilized towards consumption of healthy and nutritious food.
- ☛ 200 poor children provided free tuition in child care centre
- ☛ 200 school drop outs motivated trained in livelihood activities.

## Objectives:

- ☛ To create awareness and discuss on nutrition, health and personal hygiene
- ☛ To create awareness and discuss on the need for education
- ☛ To create awareness and discuss on the necessity to combat social evils.

## Activities:

1. **Bakery training:** For the smooth implementation of the project, meetings were held with the village headmen and the village council in order to brief about the project and to discuss ways and means for the better implementation of the same.



## DISASTER RELIEF PROGRAMME IN COLLABORATION WITH DISASTER MANAGEMENT AUTHORITY, MEGHALAYA

The State of Meghalaya is prone to various kinds of natural calamities of recurrent nature. These disasters result in loss of life and property (public and private) and disrupt economy activities besides causing immense misery and hardship to the affected





population. It is not possible to stop the incidence of natural calamities. However, the damages caused by natural calamities can be minimized by way of comprehensive preparedness plan. As in all the disasters, it is the local people and community-level workers who are the most suitable to provide care rather than specialists.

In view of the above context, the Social Service Centre with the sponsor of the State Disaster Management Authority has been organizing awareness programmes in Schools and village level. The awareness programme consists of instructions and demonstrations on how to protect and behave when disasters like earthquakes, hailstorm and fires occur at home, in the neighborhood or in work place. People were also made aware on the Do's and Don'ts and how to keep themselves calm not to rush or push each other but to move slowly when everything is settle. This is important for the village council and for the parents who will be the focal point of the children in times of calamities.

Sl. No.	Name of the Village	District	Number of Participants
1	Shiliangktieh	East Khasi Hills	40
2	Lyngngai	East Khasi Hills	30
3	Jaud	East Khasi Hills	50
4	Mawiong	Ri Bhoi	40
5	Mawphrew	Ri Bhoi	50
6	Nongtyrlaw	Ri Bhoi	30
7	Umngei	Ri Bhoi	30
8	Mawryngkang	Ri Bhoi	30
9	Madan Thangsning	East Khasi Hills	40
10	Lamsain	East Khasi Hills	30



# COVID19 RESPONSE UNDER FARM III VILLAGES

## DONOR AGENCY: CARITAS INDIA

The pandemic has brought misery and suffering to thousands around the world, much of which has nothing to do with disease and everything to do with the social aftermath of the pandemic. Risk of hunger, uncertainty of future employment, and poverty-related suicide are imminent threats for many Indians. It seems that post-pandemic India has brought massive pain and suffering among people living in extreme poverty.

### Proposed Intervention

Livelihood restoration for the migrant families for carrying out the livelihood enhancement based on their skills, agriculture and allied sector activities.

### Criteria For Mapping The Most Vulnerable Households

Returnee Migrant Households, most vulnerable Farmers and households that have no means of income.

Migrant Families that have been working as daily wage labourers in the cities

Migrant families with more than 3 people as dependent

Migrant families with disabled or elderly members

Migrant families that are from the deprived sections like SC, ST, OBC, Dalits and Mushaharsof the society

Migrant families who have no government documents or ration cards

### Returnee Migrant Households

Migrant Families that have been working as daily wage labourers in the cities

Migrant families with more than 3 people as dependent

Migrant families with disabled or elderly members

Migrant families that are from the deprived sections like SC, ST, OBC, Dalits and Mushaharsof the society

Migrant families who have no government documents or ration cards

Landless farmers who have no means and source of Income

Landless farmers who have no government documents or ration cards



## NATURE OF SUPPORT

1. Promotion of Nutritional Gardens to address food security
2. Developing nurseries of fast-growing cash crops
3. Promotion of indigenous breed of poultry, livestock and duck rearing
4. Promotion of Agri product processing and allied activities





# RELIEF ACTIVITIES CARRIED OUT BY THE SOCIAL SERVICE CENTRE DURING THE PANDEMIC COVID 19

The Pandemic Covid-19 has been spreading fast with an increasing number of patients worldwide. In the case of our state, Meghalaya, the state lockdown cum curfew was declared on the 24th March 2020, one day before the National lockdown. Soon after the declaration of the National lockdown an urgent meeting of the Governing Body was held to discuss various strategies to be carried out by the Social Service Centre during the lockdown period. A core committee was set up for the purpose of monitoring and implementing the various services especially for the vulnerable sections of the society. Some of the responses carried out by SSC were the following:

## 1. Collaboration with the State Government:

- a. Attended meetings convened by the State and District Administrations for collaboration in the maintenance of government guidelines, notifications, law and order during the lockdown period.
- b. Use of facilities of the Catholic Church to function as centres for quarantine
- c. Created community awareness on the importance of adherence to government guidelines and health protocols.
- d. Responded to circulation of fake news, rumours and superstitious beliefs in various social media platforms.
- e. Setting up of a team of counselors for the purpose of counseling and support for those in need through phone calls.







## 2. Relief activities carried out by the Social Service Centre:

Sl. No	Indicators	No. of Beneficiaries
1	Number of Families reached out	16271
2	Number of Masks distributed	9800
3	Number of hygiene kits distributed	580
4	Number of people given psychological support	350
5	Number of food kits distributed (Rice, Dal, Sugar & oil)	16271
6	Number of volunteers involved in relief work	260
7	Number of vulnerable lactating mothers reached out	200
8	Number of undernourished children reached out	200

### Donation Received:

1. Distributed 100 packets of dry rations received from Power Grid
2. Distributed 100 packets of dry rations received from Feed India
3. Distributed 40 packets of dry rations received from NABARD Staff





### AUDITOR'S REPORT

We have audited the Balance Sheet as on 31st March 2021, and the Income and Expenditure Account for the year ended on that date, attached herewith, of **SOCIAL SERVICE CENTRE: ARCHBISHOP'S HOUSE, SHILLONG, Laitumkhrah 793003: Foreign Contribution and General Account**

The preparation of the financial statements is the responsibility of the institution's management. Our responsibility is to express an opinion on this financial statement based on our audit.

We have conducted the audit in accordance with the Generally Accepted Auditing Standards. These standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statement is free of material misstatement

An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statement. An audit also includes assessing the accounting principles used by the management, as well as evaluating the overall financial statement presentation. We believe that our audit provides a reasonable basis for our opinion.

We have obtained all the information and explanation which to the best of our knowledge and belief were necessary for the purpose of our audit.

The Balance Sheet and the Income & Expenditure Account referred to in this report, are in agreement with the books of accounts.

In our opinion and to the best of our information and according to the explanations given to us, subject to above, the said accounts give a true and fair view, in so far as it related to:-

- (i) the Balance Sheet, of the state of the affairs of the Fund as at 31.03.2021; and
- (ii) Income & Expenditure Account of the Surplus for the year ended on that date.

In terms of our report of even date for **Amit O P Sharma and Co** Chartered Accountants



*Amit Sharma*  
(Amit Sharma)  
Proprietor  
UDIN: 21063463AAAJU3294

Date: 01.12.2021  
Place: Shillong

### SOCIAL SERVICE CENTRE: ARCHDIOCESE OF SHILLONG ARCHBISHOP'S HOUSE:SHILLONG Account: Foreign Contribution and General A/c Balance Sheet as at March 31, 2021

Fund and Liabilities		
<b>GENERAL FUND</b>		
Per last Account	1710448.13	
Add: Surplus transferred from Income & Expenditure A/c	1100652.00	2811100.13
<b>LOANS AND ADVANCES:</b>		
Per last account	548999.26	548999.26
	<b>Total Rupees</b>	<b>33,60,099.39</b>
<b>Properties and Assets:</b>		
<b>FIXED ASSETS:</b>		
Furniture: Per last Account	11545.21	
Less : Depreciation for the year	1155.00	10390.21
Machinery and Equipment: Per last account	160866.31	
Less : Depreciation for the year	16087.00	144779.31
Vehicle : Per last Account	326939.31	
Less : Depreciation for the year	32694.00	294245.31
Computer: Per last Account	52893.94	
Less : Depreciation for the year	5289.00	47604.94
<b>CURRENT ASSETS:</b>		
UTI Mutual Funds		199000.00
Receiveable against use of Office Space and Equipments		20000.00
Receiveable against Reimbursement from Programmes		68012.00
TDS AY 2018-2019		23388.00
Cash in hand		
General Account	7465.02	
FC Account	0.00	7465.02
Cash at Bank: General Account		
The Federal Bank: Saving A/c No -		
11900100222569	522245.20	
11900100244563	71801.00	594046.20
Cash at bank: FC Account		
The Federal Bank Limited: Savings A/C F.C Account - 11900100041233		
FARM Project Phase III	323443.00	
CLEN Project	825314.00	
Rottenburg Diocese	784936.00	
Bistum Muenster Diocese	0.00	
Archdiocese of Freiburg	0.00	
Previous Balance	17475.40	1951168.40
The Federal Bank Limited: Savings a/c 11900100252624		
Health Project Phase IV	0.00	0.00
	<b>Total Rupees</b>	<b>33,60,099.39</b>

In terms of our report of even date for **Amit O P Sharma and Co** Chartered Accountants



*Amit Sharma*  
(Amit Sharma)  
Proprietor

Date: 01.12.2021  
Place: Shillong





**SOCIAL SERVICE CENTRE: ARCHDIOCESE OF SHILLONG**  
**ARCHBISHOP'S HOUSE:SHILLONG**  
**Account: Foreign Contribution and General A/C**  
**Income and Expenditure Account for the year ended 31st March, 2021**

INCOME		
Particulars		Total(Rs)
<b>Grant:</b>		
Caritas India : New Delhi	2196343.00	
North East Diocesan Social Service Society: Gauhati	1400000.00	
Kinder Mission	0.00	
BISTUM MUENSTER DIOCESE	696560.00	
Archdiocese of Freiburg, Germany	435364.00	
Rottenburg Diocese	785851.00	
North East Slow Food and Agrobiodiversity Society (NESFAS)	1742040.00	
State Disaster Mangement Authority, Shillong, Meghalaya	57300.00	
Chief Minister's Youth Development Scheme 2018-2019	25000.00	
District Tuberculosis Officer, Cum Member Secretary District	150000.00	
District Tuberculosis Office cum Member Secretary, District	150000.00	
Caritas India	100000.00	
Meghalaya AIDS Control Society, Meghalaya Shillong	24000.00	
National Bank for Agriculture and Rural Development	219000.00	7981458.00
<b>Donation</b>		
Reimbursement from Programmes	133750.00	
Local Contribution	168094.00	
Local Contribution	138427.00	
<b>Bank Interest:</b>		
General Account	10146.00	
REC Project	9182.00	
FARM Project	10347.00	
HEALTH Project	951.00	
CLEN Project	26520.00	57146.00
<b>Total Rupees</b>		<b>8478875.00</b>

Expenditure		Total(Rs)
<b>COMMUNITY ACTION FOR WATER, SANITATION, AND NUTRITION IN NORTH EAST INDIA (</b>		
Programme Cost: Annexure 1 (a)		
Donor	971899	
Local Contribution	138427	1110326.00
Programme Support Cost/ Travel Allowance : Annexure 1 (b)	112000.00	
Personel Cost : Annexure 1(c)	296000.00	
Administrative Cost : Annexure 1 (c)	24000.00	
Bank Charge: Annexure 1 (d)	886.00	432886.00



<b>EMPOWEING COMMUNITY FOR NUTRITIONAL FOOD INTAKE THROUGH IMPORVING</b>		
Programme Cost : Annexure 2 (a)	1761856.00	
Administrative Cost: Annexure 2 (b)	129400.00	
Bank Charge: Annexure 2 ( c )	835.00	1892091.00
<b>IMPROVEMENT OF LIVELIHOOD, EDUCATION AND NUTRITION FOR CHILDREN AND</b>		
Personel Cost: Annexure 3 (b)		136000.00
<b>SUPPORT OF FOOD ITEMS TO VULNERABLE FAMILIES IN RESPONSE TO THE PANDEMIC</b>		
Programme Cost: Annexure 4 (a)		696560.00
<b>SUPPORT OF FOOD ITEMS AND BLANKERS TO ELDERS IN RESPONSE TO THE PANDEMIC</b>		
Programme Cost: Annexure 5(a)		435364.00
<b>TRAINING FOR SINGLE MOTHERS IN EAST KHASI HILLS AND RI BHOI DISTRICTS OF THE</b>		
Bank Charge: Annexure 6 (a)		915.00
<b>PREVIOUS PROJECTS</b>		
Bank Charge: Annexure 7 (a)		600
<b>General Account</b>		
Local Contribution to Projects: Annexure 8 (a)	144685.00	
Programme Cost: Annexure 8 (b)	559000.00	
Administrative Cost : Annexure8 (c)	2174.00	705859.00
<b>"No One Shall be left behind" REC Project</b>		
Programme Cost : Annexure 9 (a)	661371.00	
Personnel Cost: Annexure 9 (b)	966000.00	
Administrative Cost: Annexure 9 ( c )	66026.00	1693397.00
<b>LIVELIHOOD AND ENTERPRISE DEVELOPMENT PROGRAMME (LEDP)</b>		
Programme Cost: Annexure 10 (a)		219000.00
<b>Depreciation on:</b>		
Furniture	1155.00	
Machinery and Equipment	16087.00	
Vehicle	32694.00	
Computer	5289.00	55225.00
<b>Surplus transferred to Capital</b>		1100652.00
<b>Total Rupees</b>		<b>8478875.00</b>

In terms of our report of even date  
for Amit O P Sharma and Co  
Chartered Accountants

*Amit Sharma*  
(Amit Sharma)  
Proprietor

Date: 01.12.2021  
Place: Shillong



**SOCIAL SERVICE CENTRE: ARCHDIOCESE OF SHILLONG  
ARCHBISHOP'S HOUSE: SHILLONG  
Account: Foreign Contribution and General A/C  
Receipts and Payments Account for the year ended 31st March, 2021**

<u>Receipts</u>		<u>Total Rs</u>
<b>Opening Balances:</b>		
Cash in hand		
FC Account	0.00	
General Account	7465.02	7465.02
<b>Cash in Bank: General Account</b>		
Federak Bank: Saving A/c. No 11900100022569	409814.20	
Federak Bank: REC Project Saving A/c. No 11900100244563	13976.00	423790.20
<b>Cash in Bank: FC Account - The Federal Bank Limited:</b>		
<b>Savings a/c 11900100041233</b>		
FARM Project Phase III	8844.00	
CLEN Project	934794.00	
Previous Projects	18075.40	961713.40
<b>Cash in Bank: The Federal Bank Limited: Savings a/c 11900100252624</b>		
Health Project	3834.00	3834.00
<b>Grant:</b>		
Caritas India : New Delhi	2196343.00	
North East Diocesan Social Service Society: Gauhati	1400000.00	
Kinder Mission	0.00	
BISTUM MÜNSTER DIOCESE	696560.00	
Archdiocese of Freiburg, Germany	435364.00	
Rottenburg Diocese	785851.00	
North East Slow Food and Agrobiodiversity Society (NESFAS)	1742040.00	
State Disaster Management Authority, Shillong, Meghalaya	57300.00	
Chief Minister's Youth Development Scheme 2018-2019	25000.00	
District Tuberculosis Officer, Cum Member Secretary District Tuberculosis Control Society, Ribhoi District Nongpoh	150000.00	
District Tuberculosis Office cum Member Secretary, District Tuberculosis Control Society, East Khasi Hills District Caritas India	150000.00	
Meghalaya AIDS Control Society, Meghalaya Shillong	24000.00	
National Bank for Agriculture and Rural Development	219000.00	7981458.00
Donation	133750.00	981458.00
Reimbursement from Programmes	168094.00	
Local Contribution	138427.00	
<b>Bank Interest:</b>		
General Account	10146.00	
REC Project	9182.00	
FARM Project	10347.00	
HEALTH Project	951.00	
CLEN Project	26520.00	57146.00
<b>Total Rupees</b>		<b>9875677.62</b>



PAYMENTS

Total Rs

<b>COMMUNITY ACTION FOR WATER, SANITATION, AND NUTRITION IN NORTH EAST INDIA ( Health Project Phase IV)</b>			
Programme Cost: Annexure 1 (a)	Donor	971899	
	Local Contribution	138427	1110326.00
Programme Support Cost/ Travel Allowance : Annexure 1 (b)			112000.00
Personnel Cost : Annexure 1 (c )			296000.00
Administrative Cost : Annexure 1 (d)			24000.00
Bank Charge: Annexure 1 (e)		886.00	1543212.00
<b>EMPOWEING COMMUNITY FOR NUTRITIONAL FOOD INTAKE THROUGH IMPORVING STATUS OF FOOD SOVEREIGNTY (FARM Northeast-III)</b>			
Programme Cost : Annexure 2 (a)		1761856.00	
Administrative Cost: Annexure 2 (b)		129400.00	
Bank Charge: Annexure 2 (c)		835.00	1892091.00
<b>IMPROVEMENT OF LIVELIHOOD, EDUCATION AND NUTRITION FOR CHILDREN AND POOR FAMILIES (CLEN)</b>			
Personnel Cost: Annexure 5 (b)			136000.00
<b>SUPPORT OF FOOD ITEMS TO VULNERABLE FAMILIES IN RESPONSE TO THE PANDEMIC COVID 19 (BISTUM MÜNSTER DIOCESE)</b>			
Programme Cost: Annexure 4 (a)			696560.00
<b>SUPPORT OF FOOD ITEMS AND BLANKETS TO ELDERS IN RESPONSE TO THE PANDEMIC COVID 19 (ARCHDIOCESE OF FREIBURG)</b>			
Programme Cost: Annexure 5(a)			435364.00
<b>TRAINING FOR SINGLE MOTHERS IN EAST KHASI HILLS AND RI BHOI DISTRICTS OF THE ARCHDIOCESE OF SHILLONG, MEGHALAYA (ROTTENBURG DIOCESE)</b>			
Bank Charge: Annexure 6 (a)			915.00
<b>PREVIOUS PROJECTS</b>			
Bank Charge: Annexure 7 (a)			600.00
<b>General Account</b>			
Local Contribution to Projects: Annexure 8 (a)		144685.00	
Programme Cost: Annexure 8 (b)		559000.00	
Administrative Cost : Annexure 8 (c)		2174.00	705859.00
<b>"No One Shall be left behind" REC Project</b>			
Programme Cost : Annexure 9 (a)		661371.00	
Personnel Cost: Annexure 9 (b)		966000.00	
Administrative Cost: Annexure 9 (c)		66026.00	1693397.00
<b>LIVELIHOOD AND ENTERPRISE DEVELOPMENT PROGRAMME (LEDP)</b>			
Programme Cost: Annexure 10 (a)			219000.00



contd...

<b>Closing Balances</b>			
Cash in hand	Farm Project Phase III	0.00	
	Health Project Phase IV	0.00	
	CLEN Project	0.00	
	General Account	7465.02	
	REC Project	0.00	
	LEDP	0.00	7465.02
<b>Cash in Bank: General Account</b>			
	General Account: The	522245.20	
	REC Project: The Federal	71801.00	
	LEDP	0.00	594046.20
<b>Cash in Bank: FC Account</b>			
	The Federal Bank Limited: Savings a/c 11900100041233		
	Farm Project Phase III	323443.00	
	CLEN Project	825314.00	
	Rottenburg Diocese	784936.00	
	Bistum Muenster Diocese	0.00	
	Archdiocese of Freiburg	0.00	
	Previous Projects	17475.40	1951168.40
	Health Project Phase IV: The Federal Bank Limited:		
	Savings a/c 11900100252624	0.00	0.00
<b>Total Rupees</b>			<b>9875677.62</b>

In terms of our report of even date  
for Amit O P Sharma and Co  
Chartered Accountants

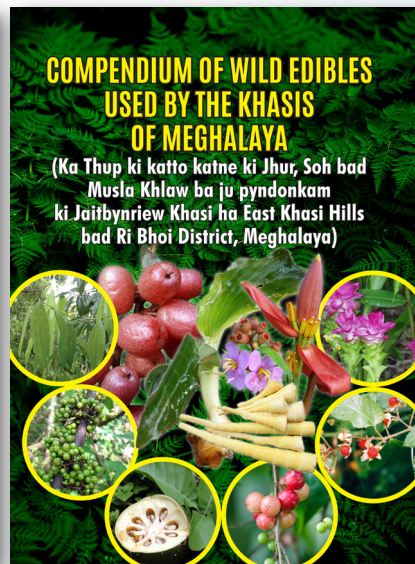
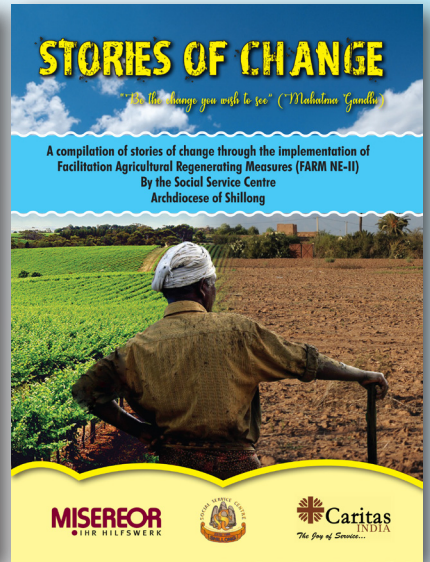
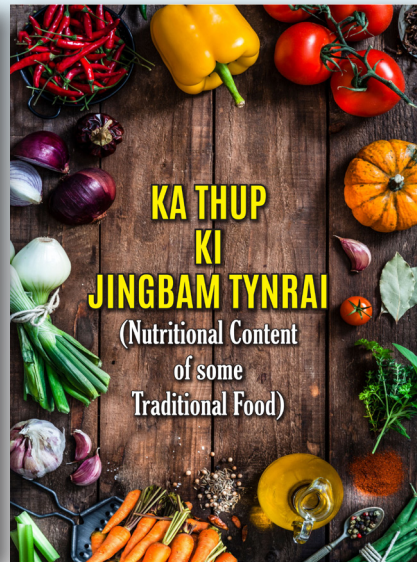


*Amit Sharma*  
(Amit Sharma)  
Proprietor

Date: 01.12.2021  
Place: Shillong



# SSC Publications



### DOCUMENTATION ON PREPARATION OF BIO-PEST REPELLENT

**MATERIAL REQUIRED**

- Garlic (*Allium sativum*)
- Ginger (*Zingiber officinale*)
- Local Chilly (*Capiscum baccatum*)
- Jalor (*Zanthoxylum acanthopodium*)
- Leaves of *Eugenia jambolifera*
- Shikho leaves (*Nerium*)
- Cow's Urine

**TO PREVENT INSECT FROM DESTROYING VEGETABLES**  
Source: Mr. Leonard Mungong  
Lead Farmer, Bapung Village, East Jaintia Hill

**MEASUREMENT**  
Grind 1kg of garlic, 1kg of ginger, 1kg of local chilly, 1/4kg of *Zanthoxylum acanthopodium*, 1kg of leaves of *Eugenia jambolifera*, 1kg of tobacco leaves and 5 glasses of cow's urine.

**PREPARATION**  
Mix all the ingredients in the bucket and add with considerable quantity of water and then cover it properly. Shake and stir the mixture regularly every evening and keep it for 16-17 days under proper observation. After 16-17 days, filter it and keep it in the bottle.

**USAGE**  
Mix 250ml of organic bio-pest and 16 litres of water and then spray on the vegetables.  
For green leaves like mustard and radish can be sprayed only 125ml of organic bio-pest and 16 litres of water.

**WARNING**  
This solution is purely organic and there is no harm even if you consume the vegetables the day after.

**EXPIRY**  
6 months.

SOCIAL SERVICE CENTRE  
Archdiocese of Shillong  
Lakhonbarh, Bapung - Jaintia

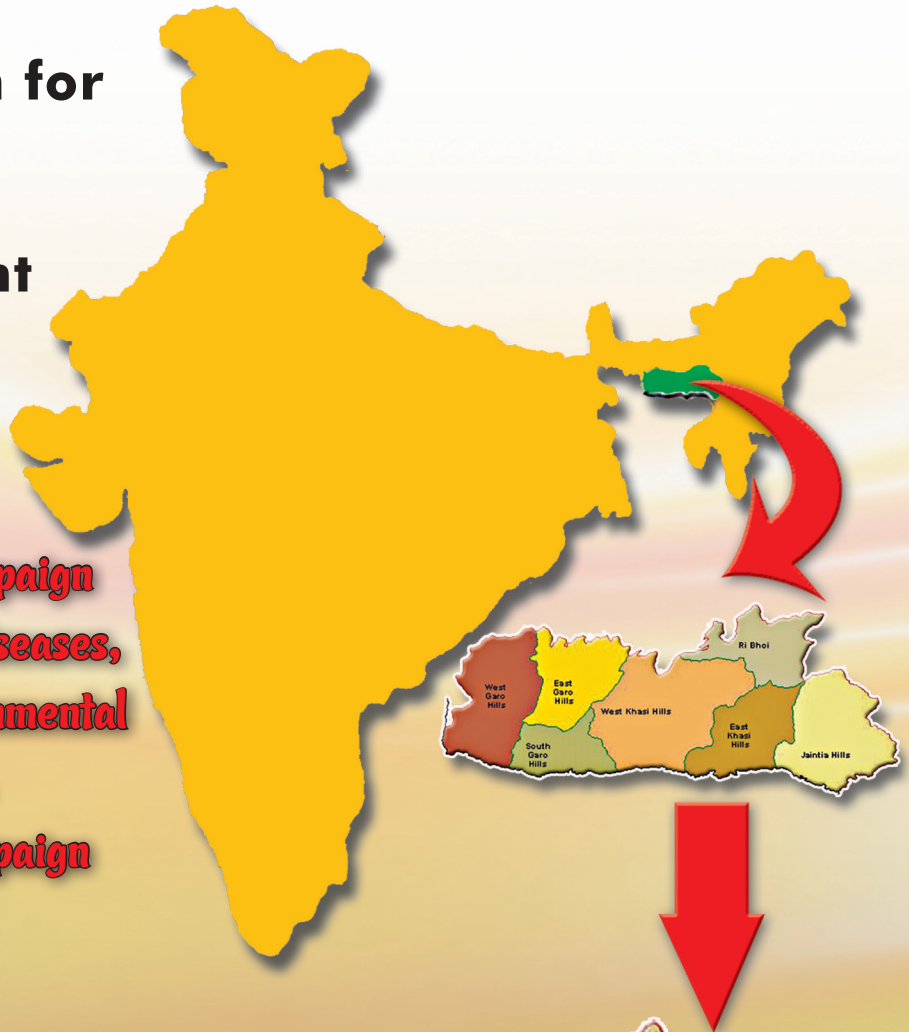
### DOCUMENTATION ON PRESERVATION OF INDIGENOUS SEEDS

NAME OF SEEDS	SOCIAL SERVICE CENTRE Archdiocese of Shillong Lakhonbarh, Bapung - Jaintia	NAME OF SEEDS
Pumpkin / cucumber / Sponge guard / Bitter guard		Chilli / Long bean
<b>PRESERVATION METHOD</b> Method I: Paste the seeds on the wall of the fireplace in the kitchen until it is dry and then keep it in a piece of cloth till the time for cultivation.		<b>PRESERVATION METHOD</b> Method I: Stick the ripen chilli together with a thread in the form of garland and keep near the fireplace in the kitchen till the time for cultivation.
<b>Method II:</b> Wrap the seeds in the paper and keep it on the top of the fire place in the kitchen.		<b>Method II:</b> Dry the Seeds in the sun for two-three days and wrap it with a piece of cloth and hang it on top of the fire place to prevent from insects.
<b>Method III:</b> Keep the Seeds inside the bamboo case and hang it on top of fire place in the kitchen.		

# **SOCIAL SERVICE CENTRE**

**Voluntary  
Organisation for  
Integrated  
Community  
Empowerment**

**Our sustained campaign  
is against hunger, diseases,  
illiteracy and environmental  
degradation.  
Join us in this campaign  
by donating.**



**SOCIAL SERVICE CENTRE  
Archbishop's House  
Laitumkhrah  
Shillong – 793003  
East Khasi Hills District  
Contact No: (0364) 2500420  
8837417342 / 8257898095**

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Facebook Page: Social Service Centre  
Website: [www.sscshillong.in](http://www.sscshillong.in)**

